



# 西双版纳职业技术学院 教师学期授课计划

2025 至 2026 学年 上 学期

课程名称 中国文化（英文版）

授课班级 24 级小学英语教育 1 班

授课教师 \_\_\_\_\_

负责人签名 \_\_\_\_\_

2025 年 9 月 11 日

西双版纳职业技术学院教务处制

**说明：**

1.本计划分为课时分配、课程介绍、教学资源、学期授课安排及实践安排五个部分。教师根据专业人才培养方案、课程标准，按所担任的课程编制本计划，并请于每学期开学2周前完成。

2.本计划是教师在整个学期内进行教学工作的依据，如需要变更时，必须通过集体讨论研究，填写变动情况。

3.“考核方式”请填写：考查、考试（理论、实践）。

4. 本计划经专业相关人员集体讨论通过，二级学院（部、中心）审查批准执行。本计划一式二份，二级学院（部、中心）和任课教师各保存一份。

|                                            |                                                                                                                                                                                                                                                                                                                                                           |       |                |        |
|--------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|----------------|--------|
| <b>学时分配<br/>(节)</b>                        | <b>讲 授</b>                                                                                                                                                                                                                                                                                                                                                | 14 学时 | <b>实 践 (训)</b> | 58 学时  |
|                                            | <b>其 他</b>                                                                                                                                                                                                                                                                                                                                                |       | <b>总 计</b>     | 72 学时  |
|                                            | <b>考核方式</b>                                                                                                                                                                                                                                                                                                                                               | 考查    | <b>考核周次</b>    | 第 18 周 |
| <b>课程介绍<br/>(课程性质、主要内容、培养目标, 250 字以内。)</b> | <p><b>课程性质:</b> 《中国文化》(英文版) 是英语专业特色课。</p> <p><b>主要内容:</b> 本课程一共分为 12 章, 包括中国概况、哲学与智慧、科技与发明、语言与文学、教育与交流、故事与传说、节日与庆祝活动、饮食与健康、艺术与手工艺、自然与人文景观、文化与历史遗迹以及动植物资源, 涉及中国自然与社会的各个层面。本书既关注到了中国传统文化的精髓, 也体现了当代的文明发展和社会进步, 使学习者能够从多方面对中国文化有一个全面立体的了解。</p> <p><b>培养目标:</b> 通过学习, 学生对中国文化有初步的认识, 掌握用英语表达中国文化的能力, 提高批判性思维能力, 增进爱国意识。同时培养学生用英语描述中国文化的能力, 使其成为传播中国文化的使者。</p> |       |                |        |
| <b>选用教材</b>                                | <p>使用教材: 《走进中国文化 A Sketch of Chinese Culture》(英文版)</p> <p>作者: 王艳东、郑永梅主编</p> <p>出版社: 清华大学出版社</p> <p>出版日期: 2018 年 8 月</p> <p>版次: 2024 年 8 月</p> <p>教材性质: 高校转型发展系列教材</p>                                                                                                                                                                                     |       |                |        |
| <b>参考资料</b>                                | <p>A Glimpse of Chinese Culture 《中国文化概况 (英文版)》</p> <p>廖华英主编, 外语教学与研究出版社出版。</p> <p>泛雅超星: 中国文化英文谈 (Insight into Chinese Culture) 主讲: 陈琳</p> <p>泛雅超星: 中国文化英文说 (第五期) 主讲: 张点</p> <p>抖音、腾讯视频等有关中国文化的片段截取</p>                                                                                                                                                    |       |                |        |

## 学期授课计划

| 周次 | 单元\章节<br>\模块\项目                                    | 教 学 内 容                                                                                                                                                                                                                                                                                                                                                          | 计划课时<br>(节) |                  | 作业                                                             | 备注 |
|----|----------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|------------------|----------------------------------------------------------------|----|
|    |                                                    |                                                                                                                                                                                                                                                                                                                                                                  | 讲授          | 实验、<br>实训和<br>实践 |                                                                |    |
| 1  | <b>Unit 1 Basic Information of China</b>           | 介绍《中国文化》（英文版）课程性质、主要内容、培养目标。<br><b>Unit 1 Basic Information of China</b><br>Text A A Panoramic View of China<br>Text B Chinese Ethnic Groups<br>Text C Yangtze River and the Yellow River                                                                                                                                                                        | 2           | 2                | 布置常规<br>课外作业<br>P4<br>II. III.                                 |    |
| 2  | <b>Unit 1 Basic Information of China</b>           | Text D China's Political System<br>* Text E The Development of Civilization in China<br>Fun Time                                                                                                                                                                                                                                                                 | 1           | 3                | 布置常规<br>课外作业<br>P21<br>I. II.                                  |    |
| 3  | <b>Unit 2 Philosophy and Wisdom</b>                | <b>Unit 2 Philosophy and Wisdom</b><br>Text A Life of Confucius<br>* Text B Laozi and the Daodejing<br>Text C Hundred Schools of Thought                                                                                                                                                                                                                         | 2           | 2                | 布置常规<br>课外作业<br>P27<br>II. III.                                |    |
| 4  | <b>Unit 2 Philosophy and Wisdom</b>                | Text D Sunzi and The Art of War<br>Text E The Book of Changes<br>Fun Time                                                                                                                                                                                                                                                                                        | 1           | 3                | P44<br>I. II.                                                  |    |
| 5  | <b>Unit 3 Scientific Development and Invention</b> | <b>Unit 3 Scientific Development and Invention</b><br>* Text A An Admirable Woman Tu Youyou and Her Achievements<br>Text B The Silk Road Dream of China's High-speed Trains<br>Text C The Ever Shining Four Great Inventions of Ancient China<br>* Text D Looking Up into the Space<br>* Text E One Dedicated Scientist and Agricultural Advancement<br>Fun Time | 1           | 3                | 布置常规<br>课外作业<br>P54<br>II. III.<br>P58<br>II.<br>P67<br>I. II. |    |

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|----|------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---|-----------------------------------------------------------------------|--|
| 6  | <b>Unit 4<br/>Language<br/>and<br/>Literature</b>          | <b>Unit 4 Language and Literature</b><br>* Text A Standard Mandarin<br>* Text B Origin of Chinese Characters<br>* Text C Classification of Chinese Poetry<br>* Text D Drama and Great Fictional Novels in Yuan Dynasty<br>Text E Historical Background of Dream of the Red Chamber<br>Fun Time                   | 1 | 3 | 布置常规<br>课外作业<br>P73<br>II. III.<br>P90<br>I. II.                      |  |
| 7  | <b>Unit 5<br/>Education<br/>and<br/>Communicati<br/>on</b> | <b>Unit 5 Education and Communication</b><br>Text A Education in Ancient China<br>Text B The Belt and Road<br>* Text C The First Chinese Library in Mexico to Promote Cultural Exchange<br>* Text D Traditional Chinese Lantern Festival Held in the UK<br>* Text E Chinese Students Mobility Trends<br>Fun Time | 1 | 3 | 布置常规<br>课外作业<br>P96<br>II. III.<br>P100<br>II. III.<br>P113<br>I. II. |  |
| 8  | <b>Unit 6 Stories<br/>and Legends</b>                      | <b>Unit 6 Stories and Legends</b><br>* Text A Beginning of the World<br>* Text B The Story of Nezha<br>Text C Chinese Zodiac Stories                                                                                                                                                                             | 1 | 3 | 布置常规<br>课外作业<br>P119<br>II. III.<br>P127<br>II.                       |  |
| 9  | <b>Unit 6 Stories<br/>and Legends</b>                      | Text D The Chinese Dragon<br>Text E The Legend of Dong Yong and the Seventh Fairy<br>Fun Time                                                                                                                                                                                                                    | 1 | 3 | P131<br>II.<br>P136<br>I. II.                                         |  |
| 10 | <b>Unit 7<br/>Festivals and<br/>Celebrations</b>           | <b>Unit 7 Festivals and Celebrations</b><br>Text A Spring Festival<br>Text B The Origin of the Double-Seventh Day<br>Text C Water-Splashing Festival of the Dai People                                                                                                                                           | 1 | 3 | P142<br>II. III.<br>P146.<br>II. III.<br>P150<br>II.                  |  |
| 11 | <b>Unit 7<br/>Festivals and<br/>Celebrations</b>           | * Text D The Tomb Sweeping Day<br>Text E The Dragon Boat Festival<br>Fun Time                                                                                                                                                                                                                                    | 1 | 3 | P158<br>II.<br>P159<br>I. II.                                         |  |

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|----|-----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---|---------------------------------------------------------------------------------------|----|
| 12 | <b>Unit 8<br/>Food and<br/>Health</b>                     | <b>Unit 8 Food and Health</b><br>* Text A The Five Key Flavors of Chinese Food<br>* Text B Characters of Chinese Cuisine<br>* Text C Chinese Food Therapy<br>* Text D Chinese Alcohol History and Culture<br>* Text E Local Specialties<br>Fun Time | 1 | 3 | 布置常规<br>课外作业<br>P165<br>II. III.<br>P169<br>II. III.<br>P181<br>II.<br>P182<br>I. II. |    |
| 13 | <b>Unit 9<br/>Arts and<br/>Crafts</b>                     | <b>Unit 9 Arts and Crafts</b><br>Text A Chinese Traditional Operas<br>* Text B Chinese Shadow Puppetry<br>* Text C Chinese Embroidery<br>Text D Chinese Paper-Cut<br>* Text E Chinese Seals<br>Fun Time                                             | 1 | 3 | P188<br>II. III.<br>P200<br>II.<br>P205<br>I. II.                                     |    |
| 14 | <b>Unit 10<br/>Natural and<br/>Cultural<br/>Wonders</b>   | <b>Unit 10 Natural and Cultural Wonders</b><br>Text A The Terracotta Army<br>Text B Yungang Grottoes<br>* Text C Mount Tai<br>* Text D The Forbidden City<br>* Text E Humble Administrator's Garden<br>Fun Time                                     | 1 | 3 | P211<br>II. III.<br>P223<br>II.<br>P228<br>I. II.                                     |    |
| 15 | <b>Unit 11<br/>Cultural and<br/>Historical<br/>Relics</b> | <b>Unit 11 Cultural and Historical Relics</b><br>* Text A Chinese Porcelain<br>* Text B Chinese Bronze Mirrors<br>* Text C Along the River during the Qingming Festival<br>* Text D Chinese Jade Burial Suits<br>* Text E Heshi Jade<br>Fun Time    | 1 | 3 | 布置常规<br>课外作业<br>P234<br>II. III.<br>P251<br>I. II.                                    |    |
| 16 | <b>Unit 12<br/>Animals and<br/>Plants</b>                 | <b>Unit 12 Animals and Plants</b><br>* Text A Chinese River Dolphin<br>* Text B Golden Snub-nosed Monkey<br>* Text C Crested Ibis<br>* Text D Dove Tree<br>* Text E Ginkgo<br>Fun Time                                                              | 1 | 3 | P257<br>II. III.<br>P273<br>II.<br>P274<br>I. II.                                     |    |
| 17 | <b>Review</b>                                             | Review                                                                                                                                                                                                                                              | 2 | 2 |                                                                                       |    |
| 18 | <b>Examination</b>                                        | Examination                                                                                                                                                                                                                                         |   | 2 |                                                                                       | 考试 |

## 实验、实训及实践计划

| 序号 | 周次 | 内 容                                                                                                                                               | 课时 | 场 所     | 备注 |
|----|----|---------------------------------------------------------------------------------------------------------------------------------------------------|----|---------|----|
| 1  | 1  | <b>Unit 1 Basic Information of China</b><br>Chinese Ethnic Groups                                                                                 | 2  | 多媒体教室   |    |
| 2  | 2  | <b>Unit 1 Basic Information of China</b><br>China's Political System<br>Fun Time                                                                  | 3  | 多媒体教室   |    |
| 3  | 3  | <b>Unit 2 Philosophy and Wisdom</b><br>Life of Confucius                                                                                          | 2  | 多媒体教室   |    |
| 4  | 4  | <b>Unit 2 Philosophy and Wisdom</b><br>Sunzi and The Art of War<br>Fun Time                                                                       | 3  | 多媒体教室   |    |
| 5  | 5  | <b>Unit 3 Scientific Development and Invention</b><br>The Ever Shining Four Great Inventions of Ancient China<br>Fun Time                         | 3  | 多媒体教室   |    |
| 6  | 6  | <b>Unit 4 Language and Literature</b><br>Standard Mandarin<br>Fun Time                                                                            | 3  | 中外文化交流室 |    |
| 7  | 7  | <b>Unit 5 Education and Communication</b><br>The Belt and Road<br>Fun Time                                                                        | 3  | 多媒体教室   |    |
| 8  | 8  | <b>Unit 6 Stories and Legends</b><br>Beginning of the World<br>Chinese Zodiac Stories                                                             | 3  | 多媒体教室   |    |
| 9  | 9  | <b>Unit 6 Stories and Legends</b><br>The Chinese Dragon<br>The Legend of Dong Yong and the Seventh Fairy<br>Fun Time                              | 3  | 多媒体教室   |    |
| 10 | 10 | <b>Unit 7 Festivals and Celebrations</b><br>Spring Festival<br>The Origin of the Double-Seventh Day<br>Water-Splashing Festival of the Dai People | 3  | 多媒体教室   |    |

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|----|----|-------------------------------------------------------------------------------------------------------------------------------------------|---|---------|----|
| 11 | 11 | <b>Unit 7 Festivals and Celebrations</b><br>The Tomb Sweeping Day<br>The Dragon Boat Festival<br>Fun Time                                 | 3 | 多媒体教室   |    |
| 12 | 12 | <b>Unit 8 Food and Health</b><br>The Five Key Flavors of Chinese Food<br>Characters of Chinese Cuisine<br>Local Specialties<br>Fun Time   | 3 | 多媒体教室   |    |
| 13 | 13 | <b>Unit 9 Arts and Crafts</b><br>Chinese Traditional Operas<br>Chinese Paper-Cut<br>Fun Time                                              | 3 | 中外文化交流室 |    |
| 14 | 14 | <b>Unit 10 Natural and Cultural Wonders</b><br>The Terracotta Army<br>The Forbidden City<br>Fun Time                                      | 3 | 多媒体教室   |    |
| 15 | 15 | <b>Unit 11 Cultural and Historical Relics</b><br>Chinese Porcelain<br>Along the River during the Qingming Festival<br>Fun Time            | 3 | 多媒体教室   |    |
| 16 | 16 | <b>Unit 12 Animals and Plants</b><br>Chinese River Dolphin<br>Golden Snub-nosed Monkey<br>Crested Ibis<br>Dove Tree<br>Ginkgo<br>Fun Time | 3 | 多媒体教室   |    |
| 17 | 17 | Review                                                                                                                                    | 2 | 多媒体教室   |    |
| 18 | 18 | Examination                                                                                                                               | 2 |         | 考试 |